



1. Wear red and white.
2. Run/Walk/Bike **200** kms collaboratively as a family for the month of July.
3. Read the book of John together, one chapter each night.
4. Memorize John 3:16 as a family.
5. Create pictures of Genesis 1 together.
6. Write a favourite Bible verse on your sidewalk for everyone to see.
7. Call a grandparent and tell them how much God loves them.
8. Write a thank you note to someone who works at a grocery store and deliver it to them.
9. Visit **5** parks this month. Tell us which one was your favourite!
10. Visit the splash pad as a family.
11. Discovery online - 11 am Join us!
12. Write a note to a friend and snail mail it to them!
13. Write a list of **10** things that you are thankful for. Spend some time thanking God for them.
14. Bake something special for a neighbour, and deliver it to them, telling them that God loves them.
15. Complete a Random Act of Kindness to a complete stranger.
16. IPC Family Ice Cream Drive through **6 - 8 pm WAHOO!!**
17. Find **5** things that you think God created beautifully. Read Psalm 8 with your family.
18. Discovery online - 11 am
19. Have a tea party. Don't forget the stuffies!
20. Blow bubbles. Can you make a giant one?
21. Write out Psalm 119:105. Talk about it with your family and put it somewhere special.
22. Clean **5** things in your home without anyone asking.
23. Watch the sunset.
24. Have a family picnic.
25. Discovery online - 11 am
26. Help a sibling clean their room without complaining.
27. Write a thank you card to your garbage collector and put it on the top of your garbage can for them to read.
28. Have a family campfire.
29. Write your favourite Bible verse on a card and put it in a library book for someone to find.
30. Write **10** people God has blessed you with in **10** different colours of marker/pen/ crayon and pray for them throughout your day.
31. Watch clouds as a family. Take a picture of your favourite one.